

October

Lunch

2024

MENU SUBJECT TO CHANGE – Production records will show the changes.

“This institution is an equal opportunity provider.”

Serving sizes & items will vary by age group. Productions records will show this change.

Calorie limit for K-8 = 600-700 and Calorie limit for 9-12 = 750-850

Monday	Tuesday	Wednesday	Thursday	Friday
September 30 th	1	2	3	4
Whole Grain Baked Penne w/ Tomato Meat Sauce, WG Breadstick, Apples or Slices Breadsticks *Contains Milk Salad big kids K+	WG Chicken Patty, WG Bun, French Fries, Carrots, 100 % Juice Cup *Contains Milk	Soft Shell Beef Tacos, Cheese, Lettuce, Salsa, Black Beans, Tortilla Chips, Bananas *Contains Milk	Pork Gravy, Mashed potatoes, Green Beans, WG Bun, Juice cups, -Pineapple, CLDC/Dtree **CONTAINS EGG- *Contains Milk	Sausage, WG French Toast Sticks, Tater Tots, Peaches **CONTAINS EGG No DTree
7	8	9	10	11
Chicken Gravy, Mashed Potatoes, Carrots, Apples or Apple Slices *Contains Milk	Turkey Hot Dog, WG Bun, Tater Tots, Broccoli, 100% Juice Cup	Cheese Pizza on WG crust, Green Salad w/ low fat dressing, Corn, Bananas *Contains Milk	WG Chicken Nuggets, Roasted Potatoes, Green Beans, WG Bun, Juice cups, Pineapple CLDC/DTREE *Contains Milk	Cheeseburger on WG Bun, Green Salad w/ Baby Carrots and Low-Fat Dressing, French Fries, Peaches No DTree *Contains Milk
14	15	16	17	18
BBQ Chicken on Whole Wheat Bun, Tater Tots, Corn, Tropical Fruit	Ham, Au Gratin Potatoes, WG Bun, Green Beans, 100% Juice Cup *Contains Milk	WG Corn Dog, Baked Beans, Green Salad w/ Low Fat Dressing, Bananas **CONTAINS EGG *Ranch Contains Milk	Hamburger Gravy, Mashed Potatoes, Peas, WG Roll, 100 % Juice Cups,/Peaches, CLDC/Dtree *Contains Milk No Hope, STM, HVED, ROLLINGSTONE	WG Macaroni and Cheese, Carrots, WG Bun, Apple Sauce , * Contains Milk No DTree, No Hope, STM, HVED, ROLLINGSTONE
21	22	23	24	25
Whole Grain Baked Penne w/ Tomato Meat Sauce, WG Breadstick, Apples or Slices Breadsticks *Contains Milk Salad big kids K+	WG Chicken Patty, WG Bun, French Fries, Carrots, 100 % Juice Cup *Contains Milk	Soft Shell Chicken Tacos, Cheese, Lettuce, Salsa, Black Beans, Tortilla Chips, Bananas *Contains Milk	Pork Gravy, Mashed potatoes, Green Beans, WG Bun, Juice cups, -Pineapple, CLDC/Dtree **CONTAINS EGG- *Contains Milk	Sausage, WG French Toast Sticks, Tater Tots, Peaches **CONTAINS EGG No DTree
28	29	30	31	November 1
Chicken Gravy, Mashed Potatoes, Carrots, Apples or Apple Slices *Contains Milk	Turkey Hot Dog, WG Bun, Tater Tots, Broccoli, 100% Juice Cup	Cheese Pizza on WG crust, Green Salad w/ low fat dressing, Corn, Bananas *Contains Milk	WG Chicken Nuggets, Roasted Potatoes, Green Beans, WG Bun, 100 % Juice cups, Pineapple CLDC/DTREE *Contains Milk	Cheeseburger on WG Bun, Green Salad w/ Baby Carrots and Low-Fat Dressing, French Fries, Peaches No DTree *Contains Milk