

November Lunch

MENU SUBJECT TO CHANGE – Production records will show the changes.

“This institution is an equal opportunity provider.”

Serving sizes & items will vary by age group. Productions records will show this change.

2024

Calorie limit for K-8 = 600-700 and Calorie limit for 9-12 = 750-850

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheeseburger on WG Bun, Green Salad w/ Baby Carrots and Low-Fat Dressing, French Fries, Peaches No DTree, No Schools, *Contains Milk Only CLDC
4 BBQ Chicken on Whole Wheat Bun, Tater Tots, Corn, Tropical Fruit	5 Ham, Au Gratin Potatoes, WG Bun, Green Beans, 100% Juice Cup *Contains Milk	6 WG Corn Dog, Baked Beans, Green Salad w/ Low Fat Dressing, Bananas **CONTAINS EGG *Ranch Contains Milk	7 Hamburger Gravy, Mashed Potatoes, Peas, WG Roll, 100 % Juice cups, Peaches, CLDC/Dtree *Contains Milk	8 Pizza Stick Dunkers with marinara sauce, Green Salad w/ low fat dressing, Apple Sauce No DTree, * Contains Milk
11 Whole Grain Baked Penne w/ Tomato Meat Sauce, WG Breadstick, Apples or Slices Breadsticks *Contains Milk Salad big kids K+	12 WG Chicken Patty, WG Bun, French Fries, Carrots, 100 % Juice Cup *Contains Milk	13 Soft Shell Chicken Tacos, Cheese, Lettuce, Salsa, Black Beans, Tortilla Chips, Bananas *Contains Milk	14 Pork Gravy, Mashed potatoes, Green Beans, WG Bun, Juice cups, -Pineapple **CONTAINS EGG- *Contains Milk	15 Sausage, WG French Toast Sticks, Tater Tots, Peaches **CONTAINS EGG No DTree
18 Chicken Gravy, Mashed Potatoes, Carrots, Apples or Apple Slices *Contains Milk	19 Turkey Hot Dog, WG Bun, Tater Tots, Broccoli, 100% Juice Cup	20 Cheese Pizza on WG crust, Green Salad w/ low fat dressing, Corn, Bananas *Contains Milk	21 WG Chicken Nuggets, Roasted Potatoes, Broccoli, WG Bun, Pineapple *Contains Milk	22 Cheeseburger on WG Bun, Green Salad w/ Baby Carrots and Low-Fat Dressing, French Fries, Peaches *Contains Milk No DTree, Hope, STM
25 BBQ Chicken on Whole Wheat Bun, Tater Tots, Corn, Tropical Fruit	26 Ham, Au Gratin Potatoes, WG Bun, Green Beans, 100% Juice Cup *Contains Milk	27 WG Corn Dog, Baked Beans, Green Salad w/ Low Fat Dressing, Bananas **CONTAINS EGG *Ranch Contains Milk No Hope,STM, RS, HVED	28 Hamburger Gravy, Mashed Potatoes, Peas, WG Roll, 100 % Juice cups, Peaches, CLDC/Dtree *Contains Milk NO SCHOOLS/DC	29 Pizza Stick Dunkers with marinara sauce, Green Salad w/ low fat dressing, Apple Sauce * Contains Milk NO SCHOOLS/DC

