

# November

# Breakfast

MENU SUBJECT TO CHANGE

“This institution is an equal opportunity provider.”

# 2024

Calorie limit for K-8 = 350-550

Calorie limit for 9-12 = 450-600

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Grab and Go Grain Assorted Fruit Or 100% Juice Milk <b>NO SCHOOLS</b>
4 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	5 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	6 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	7 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	8 Grab and Go Grain Assorted Fruit Or 100% Juice Milk
11 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	12 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	13 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	14 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	15 Grab and Go Grain Assorted Fruit Or 100% Juice Milk
18 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	19 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	20 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	21 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	22 Grab and Go Grain Assorted Fruit Or 100% Juice Milk <b>NO HOPE or ST MARTIN</b>
25 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	26 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	27 Grab and Go Grain Assorted Fruit Or 100% Juice Milk <b>NO SCHOOLS</b>	28 Grab and Go Grain Assorted Fruit Or 100% Juice Milk <b>No Schools</b>	29 Grab and Go Grain Assorted Fruit Or 100% Juice Milk <b>No Schools</b>